# COVID-19 Staff Online Training Opportunities



With schools closed for the foreseeable future, one thing that school staff can do while working from home is to complete some online training. New laws and district policy, BQ Legal, mandate that a district report to TEA the number and percent of staff trained in suicide prevention, grief-informed, trauma-informed care, and psychological first aid.

Due to COVID-19 many groups and companies are offering online training for free at this time. Below is a list of training that can be completed online that meets the state requirements:

### Trauma-informed Care-STARR Commonwealth

- Trauma-informed Resilience in Schools
- Currently free due to COVID-19
- https://starr.org/course/trauma-informed-resilient-schools/

### The National Childhood Traumatic Stress Network

- Create a profile and receive training on
  - Psychological First Aid
  - 12 Core Concepts of Trauma
  - o Child Welfare Trauma Toolkit
- https://www.nctsn.org/resources/training

# **Trauma-Sensitive Schools**

- Video training on trauma and its impact on learning, classroom behavior, relationships, and much more
- https://traumasensitiveschools.org/videos/

## **Suicide Prevention-Texas Suicide Prevention**

- ASK Training- Is a state-created and SPRC approved suicide gatekeeper training
- https://texassuicideprevention.org/training/video-training-lessons-guides/certification-training/

## **Mindwise Innovations**

- SOS Signs of Suicide Teacher Gatekeeper Training covers Plan, Prepare, and Prevent
- SOS also has a Middle School and High School student training and student depression screening
- https://www.mindwise.org/resources/trainings/

# **Grief-informed Care-Coalition to Support Grieving Students**

- Teacher Training Module: Supporting Grieving Students in Schools
- <a href="https://grievingstudents.org/audiences/classroom-educators/">https://grievingstudents.org/audiences/classroom-educators/</a>

# **The Dougy Center**

- Several videos and audio resources
- https://www.tdcschooltoolkit.org/

## The National Childhood Traumatic Stress Network

- Psychological First Aid for Schools Field Operation Guide
- <a href="https://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide">https://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide</a>

# Edu-Hero

- Suicide Prevention
- Abuse Prevention
- Bully Prevention
- School Safety
- Substance Use Prevention
- Mental Health
- 86th Legislative Update
- <a href="https://eduhero.net/">https://eduhero.net/</a>

I hope you all stay healthy and safe during this time.

For more resources on school safety and mental health go to- https://www.esc14.net/page/t4si

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